

STEPHEN MINISTRY TRAINING

The following topics are included in the 50-hour training course taken by individuals desiring to become Stephen Ministers:

- The Person of the Caregiver.
- Feelings: Yours, Mine, and Ours.
- The Art of Listening.
- Distinctively Christian Caring.
- Process versus Results in Caregiving.
- Assertiveness: Relating Gently and Firmly.
- Maintaining Boundaries in Caregiving.
- Crisis Theory and Practice: Danger versus Opportunity.
- Confidentiality.
- Telecare: The Next Best Thing to Being There.
- Using Mental Health Professionals and Other Community Resources.
- Ministering to Those Experiencing Grief.
- Dealing with Depressions: The Stephen Minister's Role.
- Helping Suicidal People Get the Help They Need.
- Supervision: A Key to Quality Christian Care.
- How to Make a First Caring Visit.
- Bringing the Caring Relationship to a Close.

The following topics are covered after Commissioning during Continuing Education sessions:

- Ministry to the Dying and Their Family and Friends.
- Caring for People before, during and after Hospitalization.
- Ministering to Those Experiencing Losses Related to Aging.
- Ministering to Persons Needing Long-Term Care.
- Ministering to Those Experiencing Divorce.
- Crises of Pregnancy and Childbirth.
- Providing Spiritual Care.